



Saint Francis Memorial Hospital

CHW

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Local Sports Medicine Expert Joins the Olympic Medical Team
Centers for Sports Medicine Associate and Former Canadian Gymnast to Blog from
Athletes' Village in Whistler, BC

San Francisco, February 8, 2010: Stanford-trained Sports Medicine Specialist Kristin Wingfield, MD is leaving for the Olympics February 12th. Dr. Wingfield, a former Canadian gymnast and diver herself, will be working at the Polyclinic—the main medical facility at the athletes' village in Whistler—for two weeks. The Whistler Polyclinic will augment a separate Polyclinic at the athletes' village in nearby Vancouver. Both will be fully-equipped medical facilities providing support for Olympic athletes with medical problems and injuries. The Clinic in Whistler will be staffed with Canadian and International Sports medicine experts, open from 7 am to 11 pm daily, and will also house a temporary OR set up for emergencies.

Dr. Wingfield is a board certified family practitioner and a Sports Medicine specialist who works at the Centers for Sports Medicine in Corte Madera and in San Francisco at Saint Francis Memorial Hospital. Dr. Wingfield is no stranger to the Olympic setting, having served on the Canadian Medical Team at the 2000 Olympics in Sydney. She is a former member of the Canadian Gymnastics Team, but a stress injury kept her from competing in the Seoul Games in 1988. She joined the Canadian Diving Team and participated in the Olympic Trials in 1992. Sadly she didn't make the cut, but soon found her way to the high wires of Cirque de Soleil where she performed as a high-flying trapeze artist. Dr. Wingfield postponed going to medical school for two years and performed at the premiere of Cirque de Soleil in Las Vegas.

Over the course of the Olympics, Dr. Wingfield will keep us posted on her Blog @ <http://drkristinwingfield.com>

About the Centers for Sports Medicine:

The Centers for Sports Medicine pioneered sports medicine in the Bay Area in 1979, and today remains its premier sports medicine facility. The Centers' physicians, staff and therapists are in the forefront of research, diagnosis, treatment and prevention of sports, dance and other injuries for professional and amateur athletes and performers. The Centers are located at Saint Francis Memorial Hospital in San Francisco, in Walnut Creek and in Corte Madera.

About Saint Francis Memorial Hospital:

Located atop Nob Hill in San Francisco, Saint Francis Memorial Hospital meets the health care needs of the community with a wide spectrum of programs and services. Saint Francis is renowned for orthopedic specialties in sports medicine, spine injuries and joint replacement as well as comprehensive burn care and occupational health. Saint Francis is a member of Catholic Healthcare West, a 41-hospital, non-profit system serving California, Arizona and Nevada. For more information, visit www.saintfrancismemorial.org.

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